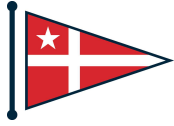


*SANTA BARBARA YACHT CLUB*  
**SHALHOOB WOMEN'S INVITATIONAL &  
WOMEN'S SKIPPER CHAMPIONSHIP**



**September 16, 2023**

**SAILING INSTRUCTIONS**

The Organizing Authority for the 2023 Shalhoob Women's Invitational  
& Women's Skipper Championship will be:  
The Santa Barbara Yacht Club (SBYC), 130 Harbor Way, Santa Barbara, CA 93109

The notation [NP] in a *rule* means that a boat may not protest another boat for breaking that *rule*. This changes RRS 60.1(a).

The notation [DP] in a *rule* means that the penalty for a breach of a *rule* may, at the discretion of the protest committee, be less than disqualification.

**1 RULES**

- 1.1 This regatta will be governed by the rules as defined in the *Racing Rules of Sailing (RRS)*.
- 1.2 US Sailing Prescriptions to rules 63.2 will not apply.
- 1.3 Appendix V, Alternative Penalties, Rule V1 – 'Penalties at the time of the incident', and V2 'Penalty taken after a race' will apply.

**2 ENTRIES AND ELIGIBILITY [DP]**

- 2.1 All participants must enter by submitting a completed race entry form to the Santa Barbara Yacht Club (SBYC) no later than 1200 on the Wednesday preceding the regatta. Entries received after this time may be accepted at the discretion of the race committee pending boat availability. Race entry forms are available online at: <https://sbyc.org/racing>.
- 2.2 The driver/skipper shall be a woman who is a member of a yacht club, the spouse or family member of a yacht club member, or she may be a sailor who is authorized by a yacht club member to be the driver/skipper.
- 2.3 There is no entry fee for this event.

**3 BOATS [DP]**

- 3.1 Boats will be Harbor 20's. Competitors are encouraged to reach out to Harbor 20 owners that are not sailing the event to borrow a boat, however competitors may also reserve a boat by contacting Karen Cahill at [kcahill@payjunction.com](mailto:kcahill@payjunction.com).
- 3.2 Harbor 20 boats may be provided for competing teams. Harbor 20 boat owners or owners' representative may give an orientation, by request, of their boat to competitors on the day of the race. Standing rigging including upper battens shall not be adjusted during racing, unless directed by the RC. Only telltales may be added to boats. Running rigging and fittings shall be used for their intended purposes only. All supplied equipment shall be carried aboard while racing.
- 3.3 While reasonable steps are taken to equalize the boats, variations, including deviations from class rules, will not be grounds for redress. This changes RRS 62.
- 3.4 Spinnakers will not be used for this event.

- 3.5 Hiking is not permitted. All crew shall keep their torsos within the confines of the cockpit at all times while racing, excepting in the need of immediate repair or for safety reasons.
- 3.6 Clocks, timers, engines, VHF radios, and compasses are the only electronic functions permitted to be used from 30 minutes prior to the first scheduled warning signal until the end of the last race of each day. The penalty for a breach of this rule may be less than disqualification if the protest committee so decides.
- 3.7 Other items that competitors are permitted to bring:
- Kelp Stick (each boat will have one with it, but each competitor is permitted to bring their own).
  - Tell tales
  - Non-electronic wind indicator
  - Non-electronic compass
  - Other items may be approved by the Race Committee
- 3.8 Items competitors are required to bring: [NP]
- VHF radio
  - Personal Flotation Devices for skipper and crew

#### **4 BREAKDOWNS / DAMAGE [DP]**

- 4.1 A damage deposit of \$500 per incident may be collected upon damage done to a boat after said incident. This deposit is the maximum payable by the team as a result of any one incident.
- 4.2 Competitors are responsible for inspecting their assigned boats before each race for possible breakdowns and missing equipment. Discrepancies must be reported to the RC immediately.
- 4.3 Competitors shall report any damage, breakdown, or loss of equipment, however slight, to the RC at the first reasonable opportunity.
- 4.4 If there is an equipment breakdown that was unforeseeable by the crew and prevents a boat from completing a race, the Race Committee may decide to re-sail the race or award redress.

#### **5 CREW [DP]**

The skipper(s) of the boat must be a woman who meets the guidelines of SI 2.2, and she must be designated on the race entry. Each boat shall have at least two total people and no more than three people on board. All crew members shall be female and at least one woman on board must be a member, or spouse or daughter of a member, in good standing of the Santa Barbara Yacht Club, though it need not be the skipper.

#### **6 COMMUNICATIONS WITH COMPETITORS**

- 6.1 Notices to competitors and amendments to these Sailing Instructions will be posted on the official notice board located adjacent to the Santa Barbara Yacht Club Race Office and online at <https://sbyc.org/racing>.
- 6.2 The race office is located at the Santa Barbara Yacht Club - 130 Harbor Way, Santa Barbara, CA 93109, on the southwest corner of the building.  
Telephone – (805) 965-8112, ext 114. Email – [racing@sbyc.org](mailto:racing@sbyc.org).

- 6.3 On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 71.
- 6.4 The following communications may be made by the race committee on VHF radio channel 71:
- Course number
  - Count downs to warning, preparatory, and start signals
  - Shortened course for one or more fleets
  - Abandonment of one or more fleets
  - On course side boats or general recalls

## **7 CHANGES IN SAILING INSTRUCTION**

Any change in the sailing instructions will be posted before 1000 hours on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

## **8 SIGNALS MADE ASHORE**

- 8.1 Signals made ashore will be displayed from the SBYC flagpole.
- 8.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than sixty (60) minutes' in race signal AP.

## **9 SCHEDULE OF RACES**

- 9.1 *Saturday, September 16, 2023*
- 1300 – Warning signal for first race of Shalhoob Women's Invitational
- 1415 – No warning signal for the Shalhoob Women's Invitational after this time, except as detailed in SI 9.2.
- 1415 – Warning signals made after this time will be for the Women's Skipper Championship
- 1530 – No warning signals shall be made after this time
- After Racing – Awards and hors d'oeuvres at SBYC
- 9.2 If no races have been completed for the Shalhoob Women's Invitational by 1415, the first race of the day that is completed shall count towards the Shalhoob Women's Invitational series score, and all subsequent races shall count towards the Women's Skipper Championship series score.
- 9.3 As many races as possible will be sailed within the time limits.

## **10 RACING AREA**

The racing area will be within one nautical mile of the Santa Barbara Yacht Club.

## **11 THE COURSE**

Courses will be taken from 'Attachment A - Course Chart'. The course for the race will be hailed on VHF channel 71 and posted on placards on the Race Committee Signal boat.

## **12 MARKS**

Marks will be as shown on 'Attachment A – Course Chart'.

**13 THE START**

13.1 The Start line will be between an orange tetrahedron at the pin end and an orange flag flown from the Race Committee Signal Boat.

13.2 Races will be started by using Appendix U – Audible Signal Racing System:

<i>Signal</i>	<i>Sound</i>	<i>Time before start</i>
Attention	Series of short sounds	Before the warning
Warning	3 long	3 minutes
Preparatory	2 long	2 minutes
	1 long, 3 short	1 minute, 30 seconds
	1 long	1 minute
	3 short	30 seconds
	2 short	20 seconds
	1 short	10 seconds
	5 short, 1 second apart	5 – 4 – 3 – 2 – 1 seconds
Starting	1 long	0

\*Individual recall shall be signaled by hailing the sail number (or other distinguishing feature) of each recalled boat. Flag X need not be displayed.

13.3 As a courtesy, the race committee may attempt to hail on course side boats on the designated VHF channel. Failure of a boat to see or hear her recall notification shall not be grounds for redress. A boat's position in the sequence of hailed numbers or broadcast numbers shall not be grounds for redress.

**14 CHANGE OF COURSE AFTER THE START**

Marks may be moved without signal to maintain course configuration provided that no boat has begun the preceding leg.

**15 THE FINISH**

The finish line will be between an orange tetrahedron at the pin end and an orange flag flown from the committee boat.

## **16 PENALTY SYSTEM**

- 16.1 Appendix V, Rule V1 will apply: The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while *racing*. However, when she may have broken one or more rules of Part 2 while in the *zone* around a *mark* other than a starting *mark*, her penalty shall be a Two-Turns Penalty.'
- 16.2 Appendix V2 – 'Penalty Taken After a Race' will apply:  
After a race, a boat that may have broken one or more rules of Part 2 or rule 31 in an incident while *racing* may take a Post-Race Penalty for that incident. A boat takes the penalty by delivering a written notice to the race office that identifies the race number and when and where the incident occurred. The penalty shall be a 30% Scoring Penalty if taken before the protest time limit or a 40% Scoring Penalty if taken after the protest time limit but before the beginning of a hearing involving the incident, calculated as stated in rule 44.3(c). However, rules 44.1(a) and (b) apply, and the penalty shall not be taken after a protest hearing involving the incident has begun.

## **17 PROTESTS AND REQUESTS FOR REDRESS**

- 17.1 Protest forms are available at the front desk of the SBYC clubhouse and shall be turned in to the front desk of SBYC within the protest time limit.
- 17.2 Protests and requests for redress must be filed within 45 minutes of the Race Committee's return to the dock.
- 17.3 Protest times and locations will be posted on the official notice board no later than 30 minutes after the protest time limit to inform competitors of hearing in which they are parties or named as witnesses.

## **18 SCORING**

- 18.1 For both the Shalhoob Women's Invitational and the Women's Skipper Championship, the low-point scoring system of Appendix A will apply except that a boat's series score will be the total of her race scores.
- 18.2 One race must be completed to constitute a series for each event.

## **19 RADIO COMMUNICATION**

Competitors may monitor VHF Channel 71 for instructions from the Race Committee.

## **20 PRIZES**

The Shalhoob Women's Invitational and Women's Skipper Championship Perpetual Trophies will be awarded to the boat with the lowest overall score for each respective regatta. Take-home trophies will be awarded to the top finishers. The regattas also count towards SBYC's Centennial Regatta Qualification for the SBYC Women's Fleet.

## **21 RISK STATEMENT**

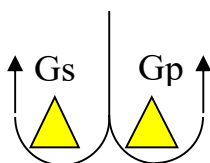
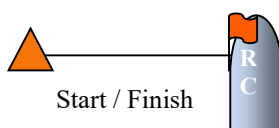
RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of

equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform, and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

## Attachment A - Course Chart



Mark W (orange) "W"



Gate (yellow) "Gs / Gp"

### Course #

- 1 Start – W – Finish
- 2 Start – W – Gt – Finish
- 3 Start – W – Gt – W – Finish
- 4 Start – W – Gt – W – Gt - Finish

Mark W shall be rounded to port.

Mark Gs shall be rounded to starboard.

Mark Gp shall be rounded to port.

If only one gate mark is present, it shall be rounded to port.