

**SANTA BARBARA YACHT CLUB  
CLUB HANDICAP RACING FLEET  
“The Full Monty” Race – April 3, 2016  
NOR / Sailing Instructions**

**1 RULES**

- 1.1 The race will be governed by the rules as defined in the *Racing Rules of Sailing*, including the prescriptions of the USSA, SBYC’s CHRF Racing rules, and the CHRF Race Committee Guidelines, except as these are altered by these Sailing Instructions (SIs).
- 1.2 All competitors shall carry safety equipment equivalent to the requirements for a PHRF Category 4 race.
- 1.3 US Sailing prescriptions to rules 60, 63.2, and 63.4 will not apply.

**2 ENTRY AND ELIGIBILITY**

- 2.1 Eligible boats will be considered entered by completing the SBYC Race Entry Form (a one-time requirement) and by sending a crew representative to sign the boat in with the Race Committee (RC) deck on the day of the race.
- 2.2 To become eligible for race trophies, a boat must first have completed three CHRF races to establish a handicap rating. In order to trophy, a boat must be "currently active and qualified."

**3 NOTICE TO COMPETITORS AND MANDATORY SIGN-IN**

- 3.1 Notice to competitors will be posted in Fleet e-mail or on the official notice board located on the SBYC lower deck.
- 3.2 No skippers meeting will be held. Boats must sign in with the RC on the deck before the race per 2.1 above. Failing to do so will result in a DNS.

**4 CHANGES IN SAILING INSTRUCTIONS**

- 4.1 Changes to these sailing instructions will be posted on the notice board located on the SBYC lower deck and posted at least one hour prior to the start of the race.

**5 SIGNALS MADE ASHORE**

- 5.1 All signals shall be made from the SBYC deck or the Goleta Pier.

**6 CLASS FLAG**

- 6.1 The Class Flag shall be yellow with a black ‘H’ in the center.

**7 THE COURSE**

- 7.1 Course to be sailed will be from the starting line between F and G marks, proceeding to the Goleta Pier. Sail to within 100 yards of the pier, with the pier to starboard and being in line with the eastern side of the end of the pier. There will be a short sound signal (horn) when a racing vessel passes the designated turning location. A confirmation on Channel 71 VHF **MAY** be issued along with the sound signal. At this point racers are then to return to finish between F and G marks.
- 7.2 The rated course distance is 15.31 nm.

## **8 THE START**

8.1 The start will be in accordance with RRS Rule 26:

Time	Sequence	Visual	Audible Signal
1155	Warning Signal	Class Flag - Up	Horn
1156	Preparatory Signal	'P' Flag - Up	Horn
1159	One-Minute	'P' Flag - Down	LONG Horn
1200	Start	Class Flag - Down	Horn

8.2 Signals made ashore will be displayed from the SBYC yardarm.

8.3 The Starting Line will be between F and G on the current SBYC Course Chart.

## **9 RECALLS**

9.1 The Race Committee will signal a premature start by displaying Code Flag 'X' with horn sound signal. The RC may attempt to identify the over-early boat(s) on Channel 71. Failure to receive or hear this hail shall not be grounds for redress.

## **10 THE FINISH**

10.1 The finish line will be between marks G and F as shown on the current SBYC Course Chart. (Always check the website for the current course chart). The RC will sound a horn identifying qualified finishers.

## **11 TIME LIMIT**

11.1 The first qualified boat in the race must finish by sunset or the race will be abandoned. If a qualified boat finishes by sunset, all other boats may continue to race until they finish. For mass start races, finish place will be determined by corrected time based on when the boat actually finishes. For all boats finishing after sunset, handicaps calculations for the next race will be based on the time of sunset.

## **12 PENALTY SYSTEM**

12.1 RRS Rule 44.2 is modified such that a boat may exonerate an infringement of a Part 2 Rule by completing one penalty turn including one tack and one gybe.

## **13 PROTESTS AND REDRESS**

13.1 Protest shall be lodged on US Sailing standard forms available in the SBYC hallway and delivered to the RC within one hour of the protesting boat's finish.

13.2 Protests involving an infringement of a rule of Part 2 of the Racing Rules will be subject to non-binding arbitration in accordance with SBYC Protest Arbitration Guidelines.

## **14 SCORING**

14.1 Scoring will be by corrected time (elapsed time - spot time).

## **15 RADIO COMMUNICATION**

15.1 Race competitors shall maintain radio communication by monitoring VHF Channel 71.

## **16 TROPHIES**

16.1 Race day trophies will be awarded at SBYC. "The Full Monty Race" also qualifies toward the Annual High Point Trophy.

## **17 DISCLAIMER OF LIABILITY**

17.1 Participants in this event complete at their own risk. See RRS Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.