

SANTA BARBARA YACHT CLUB  
**SWEETHEART RACE**

February 14th, 2009

**Sailing Instructions**

**1. RULES**

This race will be governed by the 2009-2012 Racing Rules of Sailing, the rules of the Southern California PHRF Fleet, and applicable Class Rules (except as any of these are altered by these sailing instructions), and by these sailing instructions.

**2. ENTRIES**

Participants may enter by submitting a completed race entry form to the Santa Barbara Yacht Club no later than 1130 hours on the day of the race. All entries must conform to S.I. 10 (CREW). Race entry forms are available at the SBYC front desk.

**3. NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board located on the lower deck.

**4. SKIPPER'S MEETING**

A skipper's meeting will be held at 1130 hours on the upper deck of the SBYC Clubhouse.

**5. CHANGES IN SAILING INSTRUCTIONS**

Any change in the sailing instructions will be posted before 1115 hours on race day.

**6. SIGNALS**

All signals made ashore will be displayed from the SBYC yardarm.

**7. SCHEDULE OF RACES**

One race will be held, with a 1225 warning signal.

**8. CLASS DESIGNATIONS**

Class breaks, if any, will be announced at the skippers' meeting.

**9. SPINNAKERS**

All boats must sail non-spinnaker. PHRF offsets will be used for corrected time calculations. Poles may be used. A 'Code Zero' foresail shall be considered a spinnaker.

**10. CREW**

Crew members must be significant couples. The intent of the Sweetheart Race is to promote sailing by significant couples (husband and wife, significant others, partners, etc.). The crew should consist of at least 50% women on a boat, no restriction on how many couples per boat. Children under 16 years of age are not counted.

## 11. THE COURSE

Courses will be taken from the current SBYC Course Chart. The course for each race will be posted from the SBYC deck with the preparatory signal for each class. Courses may be shortened at the discretion of the Race Committee.

## 12. MARKS

Marks will be as designed on the Course Chart. In the event of missing marks, boats shall return to the starting line as soon as possible for a restart.

## 13. THE START

The start will be between marks F and G as shown on the Course Chart. The race will be started using rule 26 with the warning signal given 5 minutes before the starting signal. The class flag for all fleets shall be a red flag with a white 'A'.

## 14. CHANGE OF COURSE AFTER THE START

14.1 The race committee may shorten a course. A shortened course will be signaled from the SBYC deck. The change will be signaled before the leading boat has finished the shortened leg.

14.2 When a course is to be shortened, the shortened course will be signaled by the display of code flag 'S', accompanied by two sound signals, and the display on the SBYC deck of the placard of the class(es) signaled. Only classes whose placard is displayed on the Santa Barbara Yacht Club deck will have their courses shortened. The shortened course will be finished at the next gate or mark required by the course chart. For legs to mark X, the finish will be between mark X and the SBYC flagpole.

## 15. THE FINISH

The finish will be between marks F and G, as shown on the current 2009 SBYC Course Chart.

## 16. PROTESTS

Protests are discouraged except in the event of a collision.

## 17. PRIZES

Trophies will be awarded to the PHRF and the handicap fleet winners. The number of trophies will be awarded depending on participation.

## 18. DISCLAIMER OF LIABILITY

Participants in this event compete entirely at their own risk. See Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.